

Faith: Victorious Over Anxiety

(Philippians 4:4-7)

- Introduction:
1. “Don’t Worry, Be Happy” – Bobby McFerrin.
 - a. “Here’s a little song I wrote, You might want to sing it note for note. Don’t worry be happy. In every life we have some trouble But when you worry you make it double. Don’t worry be happy.”
 2. There are so many things we worry about in life, yet God commands us not to worry.
 - a. (Philippians 4:4-7).
 - b. (Matthew 6:25-34).
 3. So, how do I overcome my fears and anxieties and obey God?
 4. Faith! Give it over to God and trust he can help you.
 5. Ills. of my story.
 6. Can I share with you what I have learned over the past two years?

I. Faith in God’s Presence Calms My Soul

- A. (Isaiah 41:1) “Fear not, for I am with you; Be not dismayed, for I am your God, I will strengthen you, Yes, I will help you”
- B. (Matthew 28:20).
- C. Ills. of getting separated from a parent in a store.
- D. Ills. of my button.
- E. Knowing that God sees and he cares has tremendous power to calm our spirits.

II. Faith in God’s Providence Gives Me Confidence

- A. (Romans 8:28).
- B. God is more than an uninterested bystander. He is willing to get involved.
- C. Ills. of people who stand by and watch and offer no help.
- D. Examples of God’s providence.
 1. Joseph (Gen. 50:50).
 2. Esther (Esther 4:14).
 3. Children of Israel (Exodus 34:23-24).

III. Faith in God’s Perspective Gives Me Context

- A. If I could see as God sees, surely it would change my outlook.
- B. John Keats – this world is a vale of soul-making.
- C. “This World is Not My Home.”
- D. God does not measure this life as we do.
- E. (2 Kings 22:19-20).

- Conclusion:
1. Ills. Kintsugi – “The sacrifices of God are a broken spirit, a broken and contrite heart – These, O God, You will not despise” (Psalm 51:17).
 2. (Genesis 41:51) “God will make us forget all our toil.”